



MPA

Mississippi Psychological Association Newsletter

Executive Director's Report

Amy Wilson

MPA's new Leadership Development Academy

ARE YOU INTERESTED IN LEADERSHIP?

Many MPA members have some interest in becoming a leader in our community of psychologists but are not sure if they are ready or understand the demands of leadership well enough. Others feel they have only a limited understanding of our association and how it works. If this describes you, you may want to learn more about MPA's Leadership Development Academy (LDA)!

MISSION: The mission of the LDA is to develop and nurture an active pipeline of future MPA leaders which reflects the broad diversity of psychologists in Mississippi.

PURPOSE: The purpose of the LDA is to provide opportunities for emerging leaders to develop a deeper understanding of their individual leadership style, to learn how to be an effective leaders in a professional association, to expand their engagement, experience and mentoring with MPA leaders, to enhance their leadership skills and to learn about significant leadership challenges in MPA.

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WHO: MPA members looking to get involved in professional leadership roles with MPA or other professional settings! Not an MPA member? JOIN TODAY

WHEN: The LDA cohort will begin on September 28, 2022, and run through August 11, 2023.

WHAT:

1-Day Leadership Retreat
1:1 Mentoring with an MPA Leader
Leadership classes & workshops
Committee & Project Opportunities

DEADLINE: August 15th

Additional details will be posted to the website and sent out later this week.

Teletherapy Works, and It Is Vitally Needed

Perspective by Amy Ettinger

May 23, 2022

As I drove my husband of 18 years to the emergency room last November, he apologized for the inconvenience. "I'm sorry," Dan said. "I just can't believe this is happening."

Dan had been struggling with sleeplessness, depression and anxiety for months. Persistent negative thoughts plagued him, until they crowded out everything else. He was suffering from the second epidemic that's raging throughout the world right now: the mental health crisis.

After several weeks of minimal sleep, Dan finally got an emergency telehealth appointment with a psychiatrist. After 10 minutes of talking with him, she had me join the Zoom call and told me I needed to take Dan to the nearest ER for a psychiatric evaluation immediately.

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President's Updates

by Danielle J. Maack, Ph.D.

Happy June and a big welcome to our new members! Our membership chair, Dr. Barbara Warner Martin, has been hard at work with membership recruitment, and we have already seen an increase in new membership! As we are the voice of and for psychologists in Mississippi, I challenge current members to connect with at least two other psychologists who aren't members and encourage them to check out the website and consider joining! We're stronger as a group and want to be the association that represents the needs of all psychologists in the state!

I want to send a big "thank you" to all who submitted presentations for the 2022 Convention! I am looking forward to seeing what all will be offered at the Convention in September where the theme is "Confident and Courageous: Confront Stigma!" I know that Convention Chair, Dr. Mallory Malkin, and CE Chair Dr. Pamela Banks are working together to make the programming for this return to in-person convention a success! I can't wait to see you all in September!

One psychologist seat will be opening on the Mississippi Board of Psychology. As I mentioned in the last newsletter, MPA is charged with submitting a slate of individuals who are willing to serve a 5-year term to the Governor's office for appointment. Nominations are currently being accepted for the open position. Please contact me (djmaack@deltaautumn.com) if you'd like to nominate someone (or yourself) for this position. I'll be connecting with the nominees soon to gauge interest!

It's an honor to serve as the MPA president this year! Please do not hesitate to contact me or any member of the Executive Committee with your questions or concerns!



President-Elect Report

by Kristy McRaney, Ph.D.

MPA-members – in my first newsletter entry as President-Elect, I want to first say how excited I am to have the opportunity and honor to serve each of you in this role. I first joined MPA’s Executive Council (EC) as the Early Career Psychologist (ECP) Chair right before the pandemic hit. As unique and interesting as the timing of that was, the experience has been even more rewarding. As we start to see some periods of relief from the pandemic, I’m eager to see how our field and Mississippi will learn and grow from here (throw back to last year’s amazing conference theme and learning!). As your President-Elect, I’ve spent the last couple months getting acclimated to my new role while also continuing to devote energy to the ECP Chair position. Since I’ve been wearing two hats, I wanted to give you a brief update from both areas.

In March, I was lucky enough to have the opportunity to attend APA’s Practice Leadership Conference (PLC) as a selected ECP delegate. Although the planned in-person event had to be converted to a virtual formate due to the Omicron variant spike, the virtual event was a great opportunity. I saw firsthand how valuable SPTA’s and their input are! This experience was one of many examples of times that I’ve been amazed by how much I’ve learned about our profession and the field by being involved on MPA’s EC – a message I hope to continue to spread to our membership. I’ve also had the opportunity to work with our Executive Director and Dr. Angela Herzog on a project that I have no doubt will help highlight the value and knowledge gained from being involved in leadership roles. I believe our wonderful Executive Director has an update on that development, so I won’t steal her thunder!

Speaking of leadership, this is a nice segue into my President-Elect update. I’ll be working with our Executive Director to send out information on EC position nominations soon. If you have been considering getting involved with the EC, here is your chance! Information on nominations will be coming out soon so be on the lookout for that! I’ve also had the opportunity to connect and learn from our current President, Dr. Maack, and Past-President, Dr. Malkin. Can I say how lucky MPA is? We’ve got some amazing folks, and these two leaders are no exception! I’ll be continuing to devote the next several months to learning from their excellent examples of leadership and mentorship so that I can keep the legacy of strong leadership going once their service has been fulfilled. As your President-Elect (and ECP), I’m here to serve and support each of you. Please don’t hesitate to reach out if I can support you in any way, and I hope to see you all at convention in September!



2023 Executive Council Nominations

We are now accepting nominations for the 2023 Executive Council. Positions up for nomination are President-Elect, Financial Officer, Region 1 Representative, and Region 3 Representative. Position descriptions and responsibilities are below:

The **President-Elect** shall take office on the first of January of the calendar year after having been elected at the annual meeting and shall serve for one year. During the term of office the President-Elect shall serve as assistant to the President, and shall succeed the President should that office be vacated before the full term is served, complete the unexpired term, and continue through the regular term of office. During the term of office, the President-Elect shall oversee strategic planning and the MPA election process for the Association.

The **Financial Officer** shall be a Member of the MPA who has been elected by the members at alternate even-year annual meetings. The Financial Officer shall take office on the first day of January of the calendar year after having been elected at the annual meeting and shall serve for two years. The Financial Officer shall oversee all MPA financial activities.

Regional Representatives shall be Members of the MPA who shall be elected from their respective geographical regions. The Term of office for the Regional Representatives shall be three years. Regional Representatives shall take office on the first day of January of the year following their election. Regional Representatives are limited to three-year terms of office, but can stand for election again after three years out of office. Elections shall be held in accordance with Article VIII with the exception that the nominees must reside in the region they represent and nominations and election for a region must come from the MPA Members of that region. The Regional Representatives shall represent MPA interests within their respective regions.



Convention Agenda

Confident & Courageous: No More Stigma!

**Mississippi Psychological Association 73rd Annual Convention
September 28-30, 2022
Thad Cochran Center – USM Campus
Hattiesburg, MS**

Day 1: Wednesday, September 28th

9:00 AM – 4:00 PM: LDA (12, conference room)

9:00 AM – 9:30 AM: Convention/Workshop Registration

9:30 AM – 11:30 AM: **CE Workshop I:** Management of Violence Risk in Clinical Practice: How Do YOU Stay Safe – Robert Storer, Ph.D. (1.5 hours CE hours) *Separate Registration Required*

11:45 PM – 1:00 PM: Lunch on Your Own

1:00 PM – 2:30 PM: **CE Workshop II:** This is Jeopardy: Mental Health and Stigma Version – Danielle Maack, Ph.D., McCall Schruff, B.A. (1.5 CE hours) *Separate Registration Required*

2:45 PM – 4:45 PM: **CE Workshop III:** Challenges and Triumphs: Lessons from Affirming Therapy with College-age LGBTQ+ Mississippians – Ty Stafford, Ph.D., Ashley Pate, M.S., Deepali Dhruve, M.S., Emily Stafford, Ph.D., Rachel-Clair Franklin, M.S., Michael Nadorff, Ph.D. (2.0 CE hours) *Separate Registration Required*

5:00 PM – 7:00 PM: **Welcome Reception with Exhibitors and PRIZES!!**

Day 2: Thursday, September 29th

8:00 AM – 12:00 PM: Registration/Information Desk Open

8:00 AM – 8:30 AM: Breakfast with Exhibitors

8:30 AM – 10:15 AM: **General Session: MIKE VENY** (1.5 CE hours)

10:15 AM – 10:30 AM: Break with Exhibitors

10:35 AM – 11:35 AM: **Concurrent Session I A:** Governor's Emergency Education Relief Fund – Nicholas McAfee, Ph.D. (Non-CE)

Concurrent Session I B: SHIFT: From Drug War to Drug Health – Christina Dent & Angela Mallette, CPSS (Non-CE)

11:45AM – 1:10 PM: **Luncheon Session** – Jennifer Kelly, Ph.D. (1.0 CE hour)

1:00 PM – 5:00 PM: Registration/Information Desk Open

1:15 PM – 2:15 PM: **Concurrent Session II A:** Open Board Meeting

Concurrent Session II B: Data Blitz



Convention Agenda

2:15 PM – 2:30 PM: Break with Exhibitors

2:35 PM – 3:40 PM: **Concurrent Session III A:** The Inter-teaching Approach to Course Design – Austen Anderson, Ph.D. (1.0 CE hour)

Concurrent Session III B: Opportunities and Pitfalls in Private Practice: The Impact of Mental Health Stigma – Danielle Maack, Ph.D., Joshua Fulwiler, Ph.D., B. Heath Gordon, Ph.D. ABPP, Kathryn Waggoner, PsyD. ABPP (1.0 CE hour)

3:50 PM – 4:50 PM: **General Session:** Lessons Learned Integrating Behavioral Healthcare into Community Settings to Increase Access to Care – Nora Charles, Ph.D., Kristy McRaney, Ph.D., Kimberly Hogan, Ph.D. (1.0 CE hour)

3:50 PM – 4:45 PM: Set-up for Poster Session

5:00 PM – 5:45 PM: **Poster Session and Reception with Exhibitors**

5:45 PM – 8:30 PM: Dinner and Party at Lake Terrace Convention Center

Day 3: Friday, September 30th

8:15 AM – 9:00 AM: **Awards and Membership Breakfast with Door Prizes**

9:05 AM – 10:05 AM: **Concurrent Session IV A:** Disability Evaluations: Bolster your Practice and Improve Your Success – Amanda Varner, Ph.D., Samandra Murphy, Angela Herzog, Ph.D., Lisa Yazdani, Ph.D. (Non-CE)

Concurrent Session IV B: On a Farm: A Screening of Edward's Story – Michael Nadorff, Ph.D. (Non-CE)

10:15 AM – 12:15 PM: **Closing Session:** Cross-Referrals between Psychologists and Professional Clergy: Practical and Ethical Issues Panel – Psychologists: Kevin Armstrong, Ph.D., Beverly Smallwood, Ph.D., Lynwood Wheeler, Ph.D., Clergy: Neil Tullus, Amy Roller, Albert Bisson (2.0 CE hours)

12:15 PM – 12:30 PM: Wrap-up and Adjourn- CE Distribution

12:30 PM – 4:00 PM: **Lunch and Workshop IV:** COVID-19 Brain – Brian Thomas, Psy.D., ABPP, Sierra Thomas, H.S., Michaela Patoilo, B.S., Heath Gordon, Ph.D., ABPP (3.0 CE hours) *Separate Registration Required*

12:30 PM – 4:00 PM: Lunch & Civil Commitment Workshop provided by MS Board of Psychology – *Must submit separate application through the MBOP*

*****Schedule is subject to change. Any changes will be updated on our website, www.mpassoc.org*****



Convention Report

Annual Awards - Call for Nominations

Mississippi Psychological Association's 2022 Awards are to be presented at the Membership Breakfast on Friday, September 30th during the annual convention at the Thad Cochran Center on the USM campus in Hattiesburg, MS. Please consider the categories below, and submit your nominations, along with a short synopsis explaining your nomination.

Nomination Categories include:

- Distinguished Teaching of Psychology Award
- Distinguished Scientific Contribution Award
- Distinguished Legislative Achievement Award
- Outstanding Early Career Psychologist Award
- Kinloch Gill Award
- Distinguished Practitioner Award
- MPA Humanitarian Award

Mail or email your nominations to:

*MS Psychology Association
P.O. Box 16544
Jackson, MS 39236
Or email mpa@mpassoc.org*

Deadline for nominations is August 19, 2022

(Click here to view the full nomination form)

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