MPA Newsletter





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What to know!

3-hours CE MPA Webinar

Title: Use of Attachment-based Family Therapy for Adolescents Struggling with Depression and Suicidal Thoughts





Note: Registration Closes Monday, April 24 Cost : \$25 for Members, \$40 for non members

CONTACT INFO:

Labarion Ammons 601-372-7755 mpa@mpassoc.org CE CHair: Pamela G. Banks, Ph.D.

APPROVED BY THE AMERICAN PSYCHOLOGICAL ASSOCIATION TO SPONSOF CONTINUING EDUCATION FOR PSYCHOLOGISTS. HPA MAINTAINS RESPONSIBILITY FOR THIS PROGRAM AND ITS



Don't forget to renew your membership today!

HEAD TO WEBSITE

MPASSOC.ORG/MISSISSIPPI-PSYCHOLOGICAL-ASSOCIATION-MEMBERSHIP/



















President's Letter
BY KRISTY MCRANEY, PHD

Hello, MPA Members.

I hope you all have had a wonderful start to the 2023 year. I'm honored to serve as MPA's President this year, and it seems fitting to reflect on the new beginnings as we enter Spring. MPA is experiencing its own set of new beginnings as we welcome a new Executive Director (ED). I'm eager to see what is ahead for MPA with our new ED (who is doing a wonderful job!). Additionally, our Executive Committee (EC) and membership have gotten the opportunity to return to many previous events and traditions that had been paused during the pandemic, such as Day at the Capitol and APA's Practice Leadership Conference. As we begin to experience more in-person networking, connections, and events, I've noticed a shared sense of renewed energy and focus. This is exciting to see personally and professionally.

For MPA, I hope to use this momentum of renewed energy to grow MPA while ensuring sustainability of the organization. I believe this starts with getting back to the basics as well as continuing to foster connections within our membership and community. Achieving this will require (1) a focus on our internal policies to ensure updated, relevant, and transparent operation of the organization, (2) increased outreach to both our membership and community, and (3) intentional energy directed toward fostering and supporting emerging leaders within our organization. By focusing on these areas, we can position MPA for growth and increasing the volume of our field's voice in our state.

With that said, now is a wonderful time to get connected and become active within the organization. If you'd like to join a committee to help with some of these initiatives, please reach out. We'd love to have you! If you have thoughts, ideas, or suggestions on where you'd like to see MPA headed, please reach out. We'd love to hear from you! If you have leadership experience and would like to be involved within MPA (either as a leader or as a mentor to emerging leaders), please reach out. We'd love to connect with you!

Wishing you all a Spring season filled with renewed energy, rest, and connection! As always, please don't hesitate to reach out if I can support you in any way.

Kristy McRaney, Ph.D. MPA President kristy.mcraney@usm.edu



Revival of the MPA Gavel Club Recognizing MPA Past Presidents' Leadership!

John Stoudenmire 1976 WILL JOHNSON 1983 JEFFREY KELLY 1985 GERALD O'BRIEN 1986 Katherine Nordal 1987 MICHAEL ROBERTS 1988 Jo Hailey 1989 LILLIAN RANGE 1990 Brenda Dawson 1991 JESSE DEES 1992 Angela Herzog 1982 JEANNIE KOESTLER 1994 BARBARA CARTER 1995 Criss Lott, 2000 SCOTTY HARGROVE 2001 Patrick Smith 2002 JIM HERZOG 2003 ROBERT SEVIER 2004

SUZANNE JOURDAN 2005 SAMUEL GONTKOVSKY 2006 MICHELLE CARROLL 2007 GERALD O'BRIEN 2008 Angela Herzog 2009 MARTHA CAIN 2010 LISA YAZDANI 2011 NATALIE GAUGHE 2012 VICKI PROSSER 2013 Molly Clark 2014 EMILY JOHNSON 2015 MOLLY CLARK 2016 RUTH SHOEMAKER 2017 SARA JORDAN 2018 ETHEL HETRICK 2019 Kristen Alston 2020 MALLORY MALKIN 2021 Danielle Maack 2022



Honorary Breakfast
During MPA Convention
9/28/23 | 7:30 am - 9:00 am
HOTEL TUPELO

RVSP/QUESTIONS: AOHERZOG56@GMAIL.COM





Letter from the Executive Director

BY LADARION AMMONS, J.D TEN ONE STRATGIES

MPA Members,

Ten One Strategies is so excited to be working with the Mississippi Psychological Association as your management team. With over a decade of management, financial expertise and event planning experience, we look forward to serving you now and in the future. Please take a moment to view your association management team below.

While new to this industry you will notice very quickly that our team possesses a work ethic and a passion that is unmatched. Over the next year, I look forward to meeting many of you at meetings, conferences, and even membership mixers to come.

When we took over MPA at the end of the year, my team and I were in a crash course learning all we could about the industry, but more importantly the Association. I am glad to state that MPA is in a great state organizationally and financially.

Therefore, our team has one goal: To increase membership by being innovative, creating networking opportunities, and communicating with members more. Over the next 6 months to a year, you will notice more email traffic, more social media engagement, more member exposure and a platform for making suggestions as to how to better improve the association as a whole. Thank you for allowing us to serve MPA! If at any time you need anything from me or the Ten One team do not hesitate to contact us.

LaDarion Ammons

MPA Executive Director







Julie Dickerson

Lauren Messina







MPA Receives 2023 Small Grant Operational Grant from APA!

We are pleased to inform you that APA Services has awarded the Mississippi Psychological Association a Small State Operational Grant in the amount of \$16,500 to help fund the salary for the Executive Director or to support the cost of hiring an association management firm.

APA Services is providing \$250,000 for Small State Operational Grants in 2023 to small state psychological associations to support the professional needs of psychologists. These grants are administered by the APA Practice Directorate and the Committee for State Leaders (CSL). We received a large number of applications requesting a total greater than the amount of funds available. CSL weighed important factors such as each state's grant history and financial status to ensure that funding was distributed fairly.

We would like to thank the APA for awarding the MPA with this grant as we continue to nurture the growth of the association.





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MPA Convention Details

Immediate Past-President and 2023 Convention Chair:

Friday breakfast and awards ceremony!

Hello MPA members! Have you heard the theme for this year's convention? Viva Psychology: Amplifying our voices throughout Mississippi!

We are shining up our "Blue Suede Shoes" and gearing up for an event at the birthplace of the King of Rock-N-Roll: Tupelo Mississippi!



DANIELLE MAACK PHD

We already have some great speakers lined up for talks relevant to the profession and a nationally recognized keynote speaker, Marshall Ramsey! Are you getting "All Shook Up" and interested in presenting at the convention? "It's now or Never" to get your submissions in! The deadline is Friday, May 12th! See the convention website for all convention updates and submission forms!

mpassoc.org/mississippi-psychological-association-annual-convention/

In addition to the time for engagement in learning with workshops and presentations, there will be a number of opportunities for networking and connection: the Wednesday welcome reception with Elvis, Thursday extravaganza (with photobooth, silent auction, and performance by Elvis) and

If you are interested in assisting with convention happenings or have any questions related to convention, please don't hesitate to contact me: djmaack@deltaautumn.com



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MPA Legislative Committee Update:

The Mississippi Psychological Association (MPA) has a Legislative Committee. The Committee's charge is to identify and support state legislation that promotes and expands the work of psychologists in supporting and maintaining excellent mental health and wellness for Mississippians. The committee coordinates and collaborates with the Mississippi Psychological Association's Executive Council, Lobbyist, and Federal Advocacy Officer. The current membership is as follows: Erin Dehon, Natalie Gaughf (chair), Emily Thomas Johnson, Nicholas McAfee, Brittany Sapp, and Elissa Woodruff.



NATALIE GAUGHF, PHD

Prior to the 2023 Legislative Session, MPA's Executive Committee commissioned and provided direction to the MPA Legislative Committee. The Legislative Committee worked with MPA's lobbyist, Chip Reno, to identify legislator authors and submit bills related to two issues: 1) to remove psychologists from the previously enacted Universal Recognition of Occupational Licenses Act and 2) to create an interstate compact for psychologists (PSYPACT). Unfortunately, we were not successful in removing psychologists from the Universal law, and the PSYPACT bill died in committee. However, your advocacy was not for naught. MPA and psychologists always benefit from reaching out to our legislators and reminding them that psychologists and MPA are valuable resources for their work. In addition, if MPA chooses to try again for either of these initiatives during the upcoming legislative session, we will have laid a positive foundation for that work.

This concludes our MPA legislative initiatives for this 2023 Legislative Session, however, the work does not end there. The Legislative Committee will continue working throughout this year to prepare for the 2024 Legislative Session, and I encourage you to do the same. Here's how you can prepare for 2024.

Familiarize yourself with the 1) Mississippi Code and 2) Rules and Regulations of the MS Board of Psychology. These documents are the regulatory documents for psychologists in the state of Mississippi. An easy way to access both of these items is through the Mississippi Board of Psychology's website. The Mississippi Board of Psychology routinely posts information on their website, so it is beneficial to review all components of the Board's website routinely.

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MPA Legislative Committee Update: Continued













To Access Mississippi Code

Go to the Mississippi Board of Psychology https://www.psychologyboard.ms.gov/ Go to the Resources tab, and select Psychology Law. Click on the Link to LexisNexis, and agree to the terms.

To access the major Mississippi Code that governs the title and practice of psychologists, click the + sign beside Title 73. Professions and Vocations. Click the + sign beside Chapter 31. Psychologists. Review § 73–31–1 through § 73–31–31.

To Access Rules and Regulations

Go to the Mississippi Board of Psychology https://www.psychologyboard.ms.gov/ Go to the Resources tab, and select Rules and Regulations, and review.

<u>To Access the Board Meeting Schedule and Meeting Minutes</u>

Go to About the Board, and select Board Meetings. Scroll down to Board Meetings and Meeting Minute Archives.

CLICK HERE

Also, consider attending Mississippi Board of Psychology meetings. They are open to the public and posted in advance on the Board's website. You may review the Mississippi Board of Psychology Meeting Minutes, which can be found on the same webpage. The work performed by the Board directly impacts you and the practice of psychology in Mississippi.

Together, we can promote psychologists and support wellness for Mississippians.

Natalie W. Gaughf, PhD, ABPP

Chair, Legislative Committee

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Mississippi Psychological Association

